



SPORT SUMMIT AARHUS 2017

Post Conference Day

Dual Career Workshop Thursday 14th September 2017, at Ceres Park – 8000 Aarhus C

How to develop a Dual Career Mindset in Youth Sport

Different approaches for Athletes, Coaches, Parents, Educators and Sports Clubs

- This workshop is organized in cooperation with EAS, ESAA and Elitegymnasier.dk
- Main topic: Dual Career Strategies in Youth Sport – with specific focus on different roles

Program post-conference-day:

8.15: (optional)

- Best Practice - Guided tour to training sessions at “the Aarhus model for Dual Career”
Short presentation by different coaches.
- Networking

9.30:

- Conference Registration, coffee/tea and refreshments

10:00:

- Introduction and brief presentation: “The Aarhus Model for Dual Career” (15 min)
- How to develop a DUAL CAREER MINDSET – Presentation by sport psychologist Jakob Freil (30 min)
- How to make important decisions on sports and education – presentation by local high performance Dual Career student and Dual Career Parent (30 min)
- Dual Career Strategies in professional Sports Clubs. (15 min)
- Dialogue in small groups focusing on “Cultural Diversities” in developing a Dual Career Mindset. (60 min)
- Feedback and feed forward in plenum. (30 min)

13:00: Lunch and Networking

14:00: Concluding Remarks – and discussion on Dual Career strategies for the future.

14.30 Time for reflection – spend an afternoon in The European Cultural Capital 2017 – Aarhus.

The Post-Conference-Day is a part of Sport- Summit 2017, and participation is included in Sport Summit fee.

Fee for non-Sport Summit participants DKK. 500,- (65 euro)

Registration for Sport Summit 2017 at: <http://conferences.au.dk/ense-sportsummit2017/registration/>

If you want to participate in the Post-Conference Day – without participating in the SPORT-Summit 2017 – please send an email to ok@esaa.dk before September 1st 2017.