



Mentors for Dual Careers



Our Project aims at developing a training programme for mentors in sports, specifically to guide athletes with dual careers. Our programme will foster inclusion by enabling mentors to work with both able-bodied athletes and athletes with disability, thus fostering inclusion.

Consortium

University partner (ES):



Sport partners (GR, PT, IT):



Objectives

- To create a training programme for dual-career mentoring with the potential to be implemented anywhere in the EU. Such programme will qualify mentors to help athletes successfully manage their dual careers. Ultimately, the aim is to foster a network of expert mentors in the field within the EU.
- To provide knowledge on the different education systems in participant countries. To raise awareness of mobility and transfer opportunities.
- To prevent drop-outs through early detection of drop-out risk in virtual environments, and through the development of relevant strategies.

Training programme

The programme will be based on online training with some face-to-face sessions. The virtual environment will be user-friendly and accessible, available anywhere, 24/7.

Project stages

- 1. Selection of mentors-to-be and athletes:** an Expert Committee (with members from all partners) will select the mentors-to-be and athletes who will take part in the programme.
- 2. Training:** Mentors will take an online course to develop the necessary skills for mentoring dual-career athletes (with disability or not). Expert tutors will guide them throughout the course.
- 3. Mentorship:** would-be mentors will apply their acquired knowledge and skills mentoring athletes with dual careers.

Upon successful completion of the programme, a University Certificate for Mentors of Dual Careers will be awarded.

Project basic information

EU programme: Erasmus+ Sport
Length: 2 years
Participating countries: ≥5
Partners: ≥5

Partner search

We are looking for partners active in sports, and sport education. Previous experience in EU or international projects is a strong asset. Partners must be from Erasmus + programme countries.

“Our programme will qualify mentors who will help athletes manage their sport careers, guiding them and supporting them into success both in sports and studies.”