## **PROGRAMME**







# Education and Sports How to Coach Your Student-Athlete?

November 23rd-25th 2007

Apeldoorn, The Netherlands

From November 23rd – 25th, 2007 the European Athlete as Student Network (EAS) (www.eas-network.eu) will organize an international conference that will facilitate discussion regarding the current challenges, concerns, and issues of the student-athlete. In order to maintain an open dialogue we have decided to title the conference: Education and sports: **How do you coach your student/athlete?** 

On Friday, November 23rd, prof.dr. S. Karsten, University of Amsterdam, will present interesting results that should foster meaningful dialogue. Specifically, discussion will focus on the obstacles that individuals participating in sports encounter when combining academic studies and with athletic pursuit. Moreover, we hope to uncover strategies that teachers as well as coaches might utilize in order to assist student-athlete success in both academia and individual sporting aspiration. The organizers of this conference want to stimulate interest in order to conduct similar research in a variety of other European countries. The conference will also facilitate a discussion about this topic and figure out methods to conduct this research for your unique national population.

The conference will be attended by people from different countries. Given the small delegations and the time available during the conference dialogue should encourage informational exchange of information (i.e., advantages and disadvantages discussion, costs and benefit analysis, etc). Concrete methods created with thorough discussion will be generated after the weekend and shared with all whom participated in this international conference.



### PROGRAMME FRIDAY NOVEMBER 23RD







Location: Laan van de Mensenrechten 500

Apeldoorn The Netherlands

Welcome to our guests (registration)	15.30 – 17.00
Opening Congress	17.00 – 17.15
Presentation prof. dr. S. Karsten	17.15 – 18.00
Break	18.00 – 18.15
Presentation different countries	18.15 – 19.15
Aperitif and dinner	19.15 – 20.45

### During aperitif (19.15-19.45): Pro's & Con's wall

Participants are asked to write reasons on designated 'postits' with reasons why research should be investigated in other countries. In particular, participants should focus on:

- Identifying the benefits of researching your student-athletes.
- Identifying the costs and/or limitations of the current research approach.
- Integrating the research methods in order to study your student-athletes.
- Comparing and contrasting the advantages and disadvantages of this research.
- Reporting other reasons why this research should or should not be conducted on your specific student-athlete population.

The "post-its" will be collected and placed appropriately on the designated 'Pro's and Con's Wall' prominently displayed for you to peruse.

#### During dinner (19.45-20.45): Discussions (mini Open Space)

- I. Take a few minutes to make an inventory of discussion topics. An example of discussion topics may include, but should not be limited to:
  - a. What can we do to conduct similar research?
  - b. What can we do to solve certain challenges presented to student-athletes?
  - c. How can research be funded?
- 2. Topics will be distributed to different tables. Participants should join the table with the topic that is most interesting and, hopefully, will cultivate engaging dialogue.
- 3. Depending on the number of discussion items created, we should be able to discuss two or three topics. At the beginning of each round, you will be asked to identify which topic/table you wish to join. A moderator will audibly call out how much time remains for each respective topic (i.e., 15 20 minutes per discussion topic).
- 4. One person will be assigned to each table to record the discussion. This individual will take copious notes of the discussion and will be required to verify important subjects that emerged through discussion and then will be asked to submit the report to the organizers of the conference. The organizers will be responsible for collecting, photocopying, and consequently distributing the documents to the entire conference membership the following day.
- 5. Because this approach asks for a flexible 'dinner-format', the organizers will provide a buffet-style type of dinner.



### PROGRAMME SATURDAY NOVEMBER 24TH







### Start congress

Information and welcome	10.00 - 10.30
Mayor of Apeldoorn	10.30 – 10.45
Keynote speaker: Mr. Bas van de Goor (gold medallist Atlanta; Dutch volleyball team)	10.45 – 11.15
Break	11.15 – 12.00
Start workshops:	12.00 – 13.00

Workshop A - FranklinCoveyEducationalGroup

A workshop about the ideas of Stephen Covey (7 habits of highly effective people);

how to use these ideas in education and sport

Workshop B - Work is Theatre

A workshop where they use theatre to define your goals in education and sport

Workshop C - Education through organized youth sport (dr. E.A. Rutten)

A workshop about the important role of a coach

Workshop D - the future of University sports

Workshop E - mr. Bas van de Goor

Workshop F - Randstad Topsport Academy

Workshop G - Veluws College

A workshop about the coaching of athletes/students in Dutch secondary general education.

Lunch	13.00 – 13.45
Start second round workshops	14.00 – 15.00
End congress (mr. Wegman, alderman of Apeldoorn)	15.15 – 15.30
Visit and tour Omnisportcentre Apeldoorn	15.30 – 17.30
Aperitif	17.30 – 18.00
Dinner	18.00 – 20.00



### PROGRAMME SUNDAY NOVEMBER 25TH







### "Paleis het Loo"

Start programme	09.30 – 10.00
Tour	10.00 – 11.30
Teatime and lunch	11.30 – 13.00
End of congress	13.30
By train to Schiphol	14.00

#### **ROC** Aventus

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